



### **TEDDY BEAR HOSPITAL**

# Objective:

The Teddy Bear Hospital (TBH) is a student project that aims to take away the fear of doctors and the hospital from children of kindergarten age in a playful way.

## **Participants:**

Our teddy doctor staff consists of students of human medicine and dentistry, who have previously attended a workshop of pediatricians and child psychiatrists, in which they are prepared for dealing with children.

#### **Method:**

The children come to the teddy doctors as parents of their cuddly toys and can thus experience the situation from an observational perspective without being directly affected - they also experience that the teddy bears feel much better after the visit to the doctor. This is intended to reduce fear of contact. Before the corona pandemic, about 1800 children from the region visited the TBH every year with their kindergarten group or their parents, where their cuddly toys were treated by 120 teddy doctors.

### **Timing:**

not specified.

# **External partners:**

The Red Cross regularly provides us with an ambulance, which the children can visit at the end, and the Pharmacists Without Borders regularly support us in the form of a "cuddly toy pharmacy", where plasters, scarves, tea, hot water bottles, etc. are handed out.

**Service implemented**: reducing children's fear of medical treatment/hospital